

Project Get Outdoors Child Care Provider Training

Pre-Training Assessment

1. How important do you feel nature experiences are to child development?
 - a. Extremely important
 - b. Sort of important
 - c. Not very important

2. How much time per day does the average American child spend outdoors?
 - a. None
 - b. 5 to 10 minutes
 - c. 1 to 2 hours
 - d. 3 or more hours

3. If you can, list three ways that nature experiences and outdoor play help children develop healthy:

4. What do you hope to learn from this training?

Thank you for your time!